

Glazed Spice Bars

by Matt Rich



From: Ann Kissling

24 bars · 220 cal/serving

2g protein · 28g carbs · 12g fat

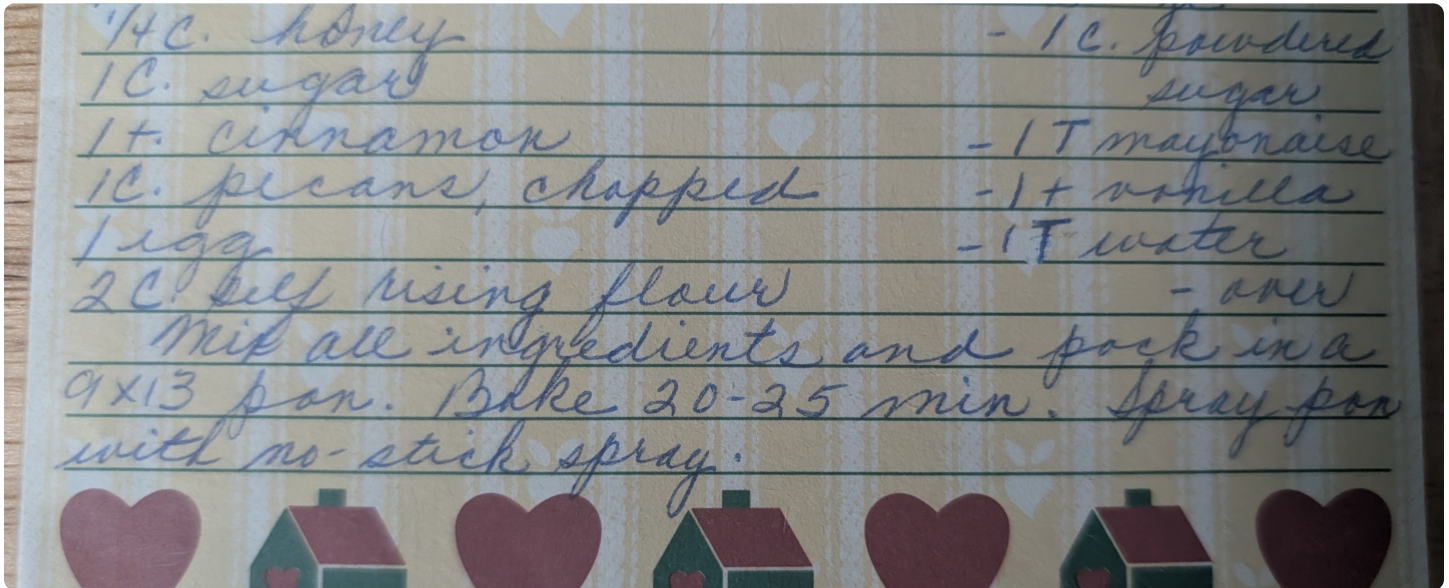
Nutrition info may be estimated by AI and might not be accurate.

dessert

bars

spice

baking



Ingredients

- 3/4 cup vegetable oil
- 1/4 cup honey
- 1 cup sugar
- 1 teaspoon cinnamon
- 1 cup pecans, chopped
- 1 egg
- 2 cup self rising flour
- 1 cup powdered sugar (glaze)
- 1 tablespoon mayonnaise (glaze)
- 1 teaspoon vanilla (glaze)
- 1 tablespoon water (glaze)

Steps

1. Mix all ingredients and pour in a 9x13 pan. Spray pan with no-stick spray.
2. Bake 20-25 min.

3. For the glaze, mix powdered sugar, mayonnaise, vanilla and water and pour over bars while hot.

4. Slice and serve.