

Chex School Fuel

by Kendra Rich



8 cups · 220 cal/serving

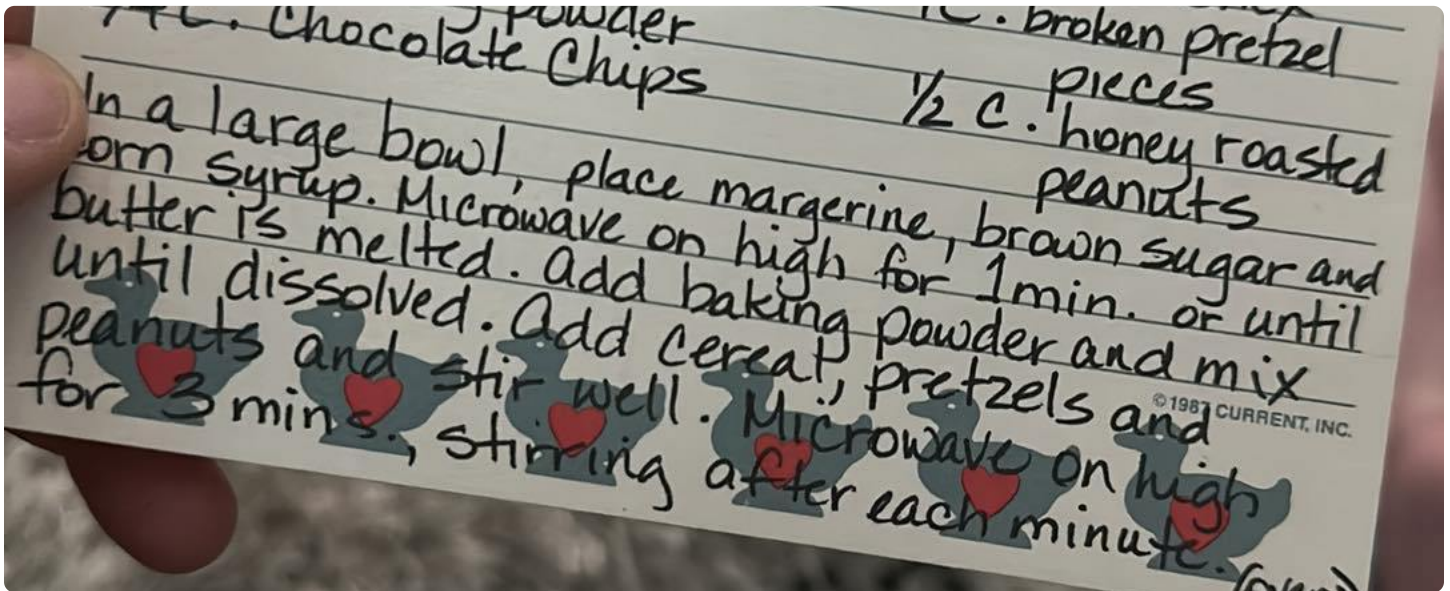
3g protein · 33g carbs · 9g fat

Nutrition info may be estimated by AI and might not be accurate.

snack

dessert

no-bake



Ingredients

- 6 tablespoon butter or margarine
- 3/4 cup brown sugar
- 3 tablespoon light corn syrup
- 1/4 teaspoon baking powder
- 1/4 cup chocolate chips
- 4 cup corn chex
- 4 cup rice chex
- 1 cup broken pretzel pieces
- 1/2 cup honey roasted peanuts

Steps

1. In a large bowl, place margarine, brown sugar and corn syrup. Microwave on high for 1 min. or until butter is melted.
2. Add baking powder and mix until dissolved.
3. Add cereal, pretzels and peanuts and stir well.

4. Microwave on high for 3 mins., stirring after each minute.